Subject: November 2018 at Langton Green

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Providing individualized services and supports for persons with intellectual and developmental disabilities since 1984







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Langton Green Community Farm Langton Green Happenings

### November 2018

# **Thanksgiving Time**

Many thanks--to the funders that came through for us this month. The **Davidsonville Ruritans donated** money for a recycling workshop and **Constellation's Community** Champion's Award provided farm recycling wages. The WAWA Foundation donated funds toward farm wages and packaging. The Glen Burnie Civitans funded a grain drill. The Anne Arundel County **Development Commission provided** free airline tickets for trainings. The Southern Maryland Agricultural **Development Commission provided a** grant for blueberry plants.

# Eat Healthy Be Happy

In October our group had fun playing games to review the difference between healthy and unhealthy snacks. Who knew?...cauliflower detoxifies the body and broccoli reduces stress.

# **Advocator's Group**

The Advocator's Group continued to make their voices heard discussing their expectations in regard to staff and the important difference between service and support. Residents prefer to be "supported". At Langton Green our individuals want to be empowered to live as fully as possible.

## Ways to Give

# Leaves Falling?

Contact Langton Green
at farminfo.org. We can supply a
team to help. Reasonable rates apply
all year long for cleanup and
landscaping services for residential
areas.

We are getting a new website! In the meantime, if you would like to volunteer please contact <a href="mailto:farminfo@langtongreen.org">farminfo@langtongreen.org</a>. If you would like to donate please give us a call at 410-263-3225.

#### **Our Contact Information**

Langton Green 3016 Arundel by the Bay Rd. Annapolis, MD 21403 410-263-3225 langtongreen.org

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